

## **ALBERNI VALLEY OUTDOOR CLUB**

### **2011 SUMMER-FALL TRIP SCHEDULE**

The dates in the schedule below represent Saturdays except where noted. However, **a trip may be changed** to Sunday at the leader's discretion or even cancelled based on weather or other unforeseen circumstances. Similarly, a destination may be altered due to weather or access conditions. Please contact the trip leaders several days in advance for confirmation and registration.

<b>DATE</b>	<b>LEADER</b>	<b>DESTINATION &amp; NOTES</b>
<b>June 18</b>	Ron Lepine (723-0949)	<b>Lone Cone on Meares Island (A1)</b> – Take a water taxi (or kayak) to Meares Island and hike to the top for great views of Clayoquot Sound. <i>Note: must confirm with Ron by Tuesday June 14; minimum 6 people needed for water taxi booking.</i>
<b>June 25</b>	Karen George (724-2620)	<b>Mt. Moriarty (B2 – C2)</b> - Trail starts at east shore of Labour Day Lake; steep climb to open country then up a short bluff to gain the long ridge to the summit. Expect a fair amount of snow this year.
<b>July 2</b>	Ursula Knoll 723-6883	<b>Mt. Arrowsmith Snowbowl (&amp; possibly traverse to Saddle) (C2)</b> - From upper switchback on Pass Main follow the creek up steep terrain into the snowy cirque above; then up one of the gullies to the First Bump. If conditions and energy allow, continue down to the Saddle ridge and descend the Saddle route.
<b>July 9</b>	Ron Lepine (723-0949) and Harry Schwartz (723-0191)	<b>Mt. Apps (B2)</b> – approach from the Alberni-Comox Trail branch CX91; easy hike up to tarn-sprinkled Wilfred Meadows and then a short climb to the double-summit ridge of Mt. Apps with spectacular views of Georgia Strait and Strathcona Park.
<b>July 16</b>	Robert Gunn (723-3350)	<b>Mt. Adder (B2 – C2)</b> – approach from Nahmint Valley or from Sutton Pass at leader's discretion. A club favourite.
<b>July 23</b>	Judy & Harold Carlson (724-4535)	<b>Mt. Anderson (B2)</b> - Lovely domed summit with stunning views; access road near Gracie Lake.
<b>July 30, 31 &amp; August 1</b> BC Day weekend	Harry Schwartz (723-0191) & Robert Gunn (723-3350)	<b>Kennedy Lake – Clayoquot Arm (A1-2)</b> – Canoe or kayak to an inviting camping spot on the west shore of Clayoquot Arm; possible excursions to Clayoquot River, Clayoquot Lake or explore the shore on foot.
<b>August 6 (Saturday)</b>	Harry Schwartz (723-0191)	<b>Radar Hill to Schooner Cove (B2)</b> - Over a combination of rocky headlands and sandy beaches in

		the Long Beach area. Need vehicles at both ends.
<b>August 7 (Sunday)</b>	Karen George (724-2620)	<b>Mt. 5040 via Cobalt Lake (B2)</b> - From the divide between Marion Creek and the Effingham River climb to Cobalt lake and beyond; great views of Triple Peak, Nahmint Mt. and many other surrounding peaks.
<b>August 13</b>	Ursula Knoll (723-6883)	<b>Minna's Ridge (B1)</b> – swim in one of the idyllic tarns on this open subalpine ridge across the Cameron Valley from Mt. Moriarty.
<b>August 20 &amp; 21</b>	Judy Carlson (724-4535)	<b>Jack's Peak &amp; Grizzly Meadows (B2)</b> - Climb the pipeline from Marion Creek Main to Louise Goetting Lake and up the ridge south of the lake to a ridge-ringed cirque meadow. Camp overnight and explore the ridges to Jack's Peak before returning home. <i>Joint trip with the Alpine Club of Canada (VI branch)</i>
<b>August 26, 27 &amp; 28</b>	Ron Lepine (723-0949)	<b>Red Pillar (C2-3)</b> – approach from Oshinow Lake, climbing through steep timber, heathery meadows and onto the alpine ridge to the camping spot. Next day, explore the ridge or climb the Pillar to the flat, open summit. Return home on third day.
<b>September 3 (Labour Day Weekend)</b>	Karen George (724-2620) & Rudy Brugger (723-8289)	<b>Mt. Klitsa from Nahmint 600 (B2)</b> – Brooke George memorial trip. A popular hike and September is one of the best months to experience this alpine area.
<b>September 10</b>	Robert Gunn (723-3350)	<b>Limestone Mountain (B1)</b> - An interesting ridge above Father & Son Lake with great views. Explore limestone outcroppings below the eastern end of the ridge.
<b>September 17</b>	Rudy Brugger (723-8289) & Karen George (724-2620)	<b>Mt. McQuillan (C2)</b> – We'll try an alternate to the King Solomn Basin approach via logging roads up the NE ridge.
<b>September 24</b>	Laurie Money (724-4174) & Judy Carlson (724-4535)	<b>Teodoro Trail (B1)</b> - Trail starts near the West Bay Hotel; extended trail system offers several "loops" on fairly easy terrain. <i>Joint trip with Alberni Parks and Recreation.</i>
<b>October 1</b>	Ursula Knoll (723-6883)	<b>Emerald (Jewel) Lake circuit (B2)</b> – climb to the Arrowsmith-Cokely Saddle, then traverse below the east ridge of Arrowsmith, through the debris from a decades-old airplane crash, down to the lake and climb back up to the Saddle.
<b>October 8, 9 &amp; 10 Thanksgiving weekend</b>		<i>NOTHING SCHEDULED</i>

<b>October 15</b>	Harold Carlson (724-4535) & Barb Baker (724-2985)	<b>Inlet Trail (B1)</b> – China Creek to Port Alberni vial Lone Tree Point; parallels the Alberni Inlet. A forest walk with frequent views of the inlet. <i>Joint trip with Alberni Parks and Recreations.</i>
<b>October 22</b>	Ursula Knoll (723-6883)	<b>Saddle Route &amp; Rosseau Trail (B2)</b> – Climb the trail to the Arrowsmith-Cokely Saddle, then scramble up to Cokely Ridge and return via the Rosseau Trail (or possibly the reverse direction).
<b>October 28 (Friday)</b>	Ursula Knoll (723-6883) or Karen George (724-2620)	<b>AVOC AGM and Potluck Dinner</b> - at Echo Fieldhouse; dinner at 6:30pm; doors open at 6pm
<b>October 29</b>	Laurie Money (724-4274)	<b>CPR Trail/Lookout (B1-2)</b> - Steep but non-technical route from east end of Cameron Lake to the lookout patrolled by whiskey jacks; <i>or</i> Hike down to the Lookout from the old Arrowsmith ski area and loop up again.

*And, if you have time and energy to spare: **Tuesday and Thursday trails project:** work with volunteers on trail improvements. Contact: Harold Carlson (724-4535)*

#### **Notes:**

1. Size of trip party may be limited at the leader's discretion due to consideration of transportation, equipment, skill requirements, etc.
2. It is expected that an offer of assistance toward vehicle costs will be made to the driver when sharing transport.
3. Permission to bring pets on trip at leader's discretion.
4. Are you interested in trying something new but don't yet have the equipment? The Club has some extra ice axes, crampons, helmets, and snowshoes. Contact Harold Carlson or Karen George for more information. Some members have canoes but may need paddling partners; call the trip leader.

#### **Club Rules & Regulations:**

1. Everyone participating in Club trips does so at their own risk. There may at times be some degree of danger. While the Leader will take reasonable precautions, neither the Leader nor the club will be held responsible for any injury, loss of life, or loss of property. Participants must be willing to sign a waiver in order to go on Club trips or engage in other Club-sanctioned activities.
2. Life jackets must be worn while on the water during Club trips.
3. Non-members are welcome to try out Club trips. Guests are, however, expected to become members after two trips.

#### **Trip Grading:**

This grading must be considered as a general indication of the levels of fitness and experience which is required on outings. An allowance must be made for poor weather and other unpredictable conditions, in deciding whether to participate. Extra caution

must be taken with the canoeing and kayaking trips, as the wind can come up suddenly and make the trip a lot more difficult.

DEGREE OF DIFFICULTY

- A Not strenuous
- B Moderately strenuous
- C Strenuous
- D Very strenuous

HIKING / CLIMBING TRIP GRADING

- 1 Hiking
- 2 Scrambling, occasional use of hands
- 3 Easy climbing, rope may be required
- 4 Continual belaying, roped climbing

KAYAK/CANOE TRIP GRADING

- 1 Calm water, river or lake with little or no waves
- 2 Open water, lake or ocean with small waves or swell
- 3 Exposed water, ocean with large waves or swell

**The AVOC executive for 2010 is:**

Chairperson:	Robert Gunn	723-3350	E-mail: <a href="mailto:crgunn@shaw.ca">crgunn@shaw.ca</a>
Secretary:	Karen George	724-2620	E-mail: <a href="mailto:ridgemagnet@shaw.ca">ridgemagnet@shaw.ca</a>
Treasurer:	Ursula Knoll	723-6883	E-mail: <a href="mailto:uschik@telus.net">uschik@telus.net</a>

**Membership Fees:**

Dues - Full Year; including membership in the Federation of Mountain Clubs of BC:

Single - \$25.00      Family - \$45.00      Associate - \$5.00

Club fees are based on the calendar year and are payable at the previous AGM in Nov. or thereafter. The allocation of these fees is as follows:

\$15 - Federation of Mountain Clubs of BC (per person)

\$ 6 - Liability Insurance via. the FMCBC

\$ remaining - towards club expenses

Associates must be members of the FMCBC via. another Club or individually

Contact one of the Club executives for a membership application form. Payments to be made to the Club treasurer